

UNITED KINGDOM TAEKWON-DO COUNCIL

PRE-GRADING SEMINAR WITH GRAND MASTER STEPHEN ROONEY

All Students, Yellow Belt & Above must attend Pre-Grading Seminars prior to attending their Grading.

Yellow Belts, Green Tags, Green Belts: 1 Pre-Grading Seminar

Blue Tags, Blue Belts: 2 Pre-Grading Seminars

Red Tags, Red Belts: 3 Pre-Grading Seminars

AN INVITATION TO ALL STUDENTS, BEGINNER UP TO BLACK BELT

DATE: Saturday 5th September 2026
VENUE: Carlisle – Trinity Leisure Centre
TIME: 12.30-2.30pm
COST: £30 (Cash Payment on day)
Free entry to all Master Club members

This Pre-Grading Seminar is exclusively open to all UKTC students (Active Tigers and UKTC Taekwon-Do) who hold the rank of beginner up to Black Belt. The seminar will involve intensive practice of all fundamental exercises and all the patterns from Chon-Ji up to Choong-Moo. The Seminar will also cover 3 Step Sparring, 2 Step Sparring, and 1 Step Sparring. Students participating will be assessed during the seminar and advised regarding their readiness for future gradings.

Student Name _____ Date of Birth _____

Taekwon-Do School (Town) _____

The student named above wishes to enrol for the Pre-Grading Seminar on 5/9/26 at

CARLISLE – TRINITY LEISURE CENTRE

Cash Fee Enclosed - £30 ☐

Master Club - Free ☐

Students should hand in this completed form and their Grading Book at the event

Student/Guardian Signature _____

To purchase sparring equipment, clothing, or training equipment, please visit our online
UKTC Shop at

www.uktcshop.co.uk